



## REGISTRATION / CANCELLATION

Registration for any and all programs at the recreation center may be completed prior to starting the program or at the time of arrival. Activities and programs run year-round, although times may change to accommodate summer/school schedules.

## ACTIVITIES & CANCELLATIONS

The City of Galveston Parks & Recreation Department reserves the right to cancel any scheduled activity that fails to generate minimum interest. Any cancellation or postponement to any program will be communicated as soon as possible.



## NOTES

The basketball gym, racquetball courts, game room, and computer lab are open except from 3:00 pm – 6:00 pm M-F, when they are restricted to youth play only.



## FOLLOW US!

[WWW.GALVESTONTX.GOV](http://WWW.GALVESTONTX.GOV)



/COGPARKSANDRECREATION



@CITYOFGALVESTON



@CITYOFGALVESTONTX



# MCGUIRE-DENT RECREATION CENTER

CITY OF GALVESTON - PARKS AND RECREATION DEPARTMENT



2222 28TH STREET, GALVESTON, TX 77550 - (409) 797 3700

MONDAY TO FRIDAY 5:00 AM - 8:00 PM  
SATURDAY 9:00 AM - 5:00 PM  
CLOSED SUNDAY

# Welcome

The City's Parks and Recreation Department invites you to come and enjoy McGuire-Dent Recreation Center at Menard Park. Since its grand opening in 2009, the facility offers a great number of activities and programs for various ages.

## AMENITIES

Our fitness center comes with commercial grade cardio & strength equipment, including free weights. Shoot pool or play ping pong in the game room, surf the web in our computer lab, play basketball on a full size court or challenge a friend on one of our two racquetball courts.

## COST

RESIDENTS	NON-RESIDENTS
ADULT DAILY (18-64): \$10	ADULT & SENIOR DAILY: \$10
ADULT ANNUAL PASS: \$25	ADULT & SENIOR ANNUAL PASS: \$60
YOUTH (AGES 5-17) & SENIOR (65 OR OLDER) ANNUAL PASS: \$0	

VETERANS/ACTIVE MILITARY \$0

## YOUTH PROGRAMS (AGES 5-17)

### GUITAR FOR BEGINNERS

Your child will learn chords & simple strums in a fun, relaxed group setting. With the introduction of basic elements of rhythm and harmony, your little rocker will be making music in no time! Date & Time: Tuesday 4:00 pm – 5:00 pm Call for availability. Instructor: Clint DeVries

### ARTS & CRAFTS

Your child will explore and express themselves through various arts & crafts activities. Date & Time: Tuesdays 5:00 pm – 6:00 pm. Instructor: City of Galveston Staff

### TENNIS (TBA)

This program is designed to develop early tennis skills. Learn different ground strokes, serving, volleys, overheads and basic vocabulary. Date & Time: TBA Instructor: TBA

### KARATE

Martial arts is a valuable tool to teach the children life skills such as self-control, patience and confidence as well as physical skills to improve coordination, increase flexibility, strength and stamina. Date & Time: Thursdays 4:00 pm – 5:00 pm. Instructor: Fernando Robles

### HOMEWORK HELP

Does your child need help with their school work? Send them to any of our centers between 3:00 pm – 6:00 PM Monday thru Friday

### YOUTH BASKETBALL CAMP (TBA)

Date & Time: TBA

### HOMESCHOOL ENRICHMENT

Tuesdays: Guitar for Beginners 10am-11am (Clint DeVries)  
Fridays: P.E. 10am-11am (featuring exercise, assorted games & physical activities with Fernando Robles. Beginning 10-19

### TRUMPET FOR BEGINNERS

Learn to play scales and songs. Ages 5-14 Date & Time: Mon, Wed & Fri 4pm-5pm Instructor: Lawrence Thomas

## ADULT AND SENIOR CITIZENS

### KARDIO KICKBOX AND AEROBOX

Don't just get in shape, get in fighting shape. Learn punches, strikes, and kicks while getting a total body cardiovascular workout. Date & Time: Tuesday & Thursday 12pm-1pm & 6pm-7pm Instructor: Fernando Robles

### PICKLEBALL 2.5 & UNDER

For the recreational to seriously recreational player. Date & Time: Tuesday & Thursday 8:30 am – 10:00 am

### PICKLEBALL 2.5 & OVER

For the seriously recreational player to the aspiring tournament or league player. Date & Time: Wednesday & Thursday 1:00 pm – 3:30 pm

### LADIES BADMINTON

This fun technical sport will help with motor coordination and develop stamina, agility, strength, speed and precision. Date & Time: Monday & Wednesday 8:30 am – 10:00 am

### COMPUTER HELP

Our team is available to help patrons unfamiliar with the internet and more! The computers are available Tuesday thru Thursday from 12:00 pm – 3:00 pm.

### YOGA

Instructor: Teresa Salgado. Date & Time: Wednesday & Friday 6:30pm – 7:30pm Ask For Details.

### FUTSAL (TEENS & ADULTS)

Indoor soccer played on a hard court. Call us for more details! Date & Time: Tuesdays & Thursdays 6:00 pm – 7:45 pm

### ADAPTIVE TENNIS

Call us for more details! Date & Time: Wednesday & Saturday 9:30 am – 11:00 am

### GUITAR FOR BEGINNERS

Learn Chords & simple strums in a fun, relaxed group setting. With the introduction of basic elements of rhythm & harmony. Date & Time: Tuesdays 2pm-3pm